



# The Guild of Analytical Psychologists

## THE GUILD OF ANALYTICAL PSYCHOLOGISTS

### CERTIFICATE in JUNGIAN STUDIES

#### Diploma Stage One: Outline Syllabus (\*subject to change)

This Certificate in Jungian Studies (Stage 1 of the Diploma course) has been preceded by the one year Foundation Course in Analytical Psychology which all potential students undertake (unless APEL applies) prior to being accepted for training.

Each Seminar consists of three hours, normally conducted in two sessions. All learning outcomes refer to the student's knowledge, skills and abilities, as appropriate, on completion of the seminar. Each seminar focuses on student presentations on the theoretical and experiential aspects of the seminar subject in conjunction with facilitated group discussion led by the seminar leader and illustrated with practical experiential examples that ground the theory in practice.

For each seminar, students are provided with excerpts from relevant literature drawn from the indicative learning materials. These include excerpts from Jung's writing and from post Jungian work.

As a classical Jungian training, G.A.P. is committed to placing the work of C.G. Jung at the heart of the training.

All Diploma Students are required to be in twice-weekly analysis during the entirety of the Diploma Course.

Stage 1 (Certificate course) covers the major part of the theoretical input and includes the Psychiatric Placement. Stage 2 (Diploma course) covers clinical work and seminars.



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<b>YEAR ONE</b>		
<b>AUTUMN TERM</b>		
Seminar 101	INDUCTION	<p>For students in the group to introduce themselves and to discuss hopes &amp; aspirations for the course. Students to meet the G.A.P. members with responsibility for the seminar programme &amp; training programme.</p> <p>To make sure students are familiar with the requirements and responsibilities for the Certificate course and are familiar with the relevant sections of the Student Handbook.</p> <p>To give an overview of the course content and to give further history and ethos of G.A.P. (other than that given in the Foundation Programme) by using the filmed interview with Vera von der Heydt</p>
Seminar 102	EGO	<p>To examine Jung's understanding of the ego and how consciousness emerges.</p> <p>To explore the dynamics of ego development and of repression, dissociation and neurotic splitting.</p>
Seminar 103	THE PERSONA	To examine Jung's concept and understanding of the persona and the relationship of persona to the outer and inner psychic worlds; how the persona is used as a defence mechanism.
Seminar 104	CONSCIOUS & UNCONSCIOUS	This seminar is to examine and reflect on the manner in which the unconscious has been viewed down through the ages and to know of the prevailing psychological views that preceded Freud and Jung.
Seminar 105	THE SHADOW	To examine Jung's concept of the shadow and how it manifests.

<b>SPRING TERM</b>		
Seminar 106	ANIMA	To examine the nature of the anima as discussed by Jung, its importance in the analytic process and relationship to the whole psyche.
Seminar 107	ANIMUS	To examine the nature of the animus as discussed by Jung, its importance in the analytic process and relationship to the whole psyche.

Seminar 108	THEORY OF THE COMPLEXES	<p>To examine Jung's theory of the complexes: the definition and qualities of the complex. Is it conscious, unconscious or both? How is understanding of the complex used in analysis? The feeling tone of the complex.</p> <p>Autonomous complexes. How do we get to the complex? Free association, word association: what are the differences? Relationship of the complex to the archetype and psychic energy. A brief description of the Word Association Experiment and the historical background of its development.</p>
Seminar 109	TYPOLGY	<p>To undertake a Psychological Type indicator (eg. the 'Gray Wheelwright Winer' test or the MBTI) for personal engagement in typology. To understand Jung's theory of the four functions of the personality: Sensation, Intuition, Thinking and Feeling and the two attitude types of Introversion and Extraversion.</p>

<b>SUMMER TERM</b>		
Seminar 110	SYMBOLS & THE SYMBOLIC PROCESS	<p>To gain understanding of the symbolic nature of images that emerge from the unconscious and how these symbols give insight into the individual psyche particularly through dream images.</p>
Seminar 111	STRUCTURE & APPLICATION OF DREAMS	<p>To deepen students' understanding of Jungian dream interpretation and use within the analytic process, including amplification of dream symbols.</p>
Seminar 112	ARCHETYPES	<p>To investigate the archetypal layer of the psyche and the function of the archetypes within the psyche.</p>
Seminar 113	THE HERO MOTIF	<p>To develop students' understanding of the purpose of the hero motif in the therapeutic process, the psychological qualities of the hero and heroine and their relationship to mother and father.</p> <p>For students to become familiar with key heroic figures from myth.</p>
Seminar 114	REVIEW OF THE YEAR	<p>For students to reflect on their experience of the training over the past year, on what has gone well, what has been difficult.</p>

<b>YEAR TWO</b>		
<b>AUTUMN TERM</b>		
Seminar 201	MOTHER	To explore the Mother complex and archetype and complex and the significance of the mother in developmental psychology.
Seminar 202	FATHER	To explore the Father complex and archetype and complex and the significance of the father in developmental psychology.
Seminar 203	THE CHILD & INFANT TRAUMA	To develop students' understanding of the psychology of infant development from a Jungian perspective and from that of attachment theory. To gain insight into the significance of childhood and infant trauma on the developing psyche.
Seminar 204	WISE OLD MAN/WISE OLD WOMAN	To develop students' recognition and understanding of the function of these archetypal images and how they relate to the individuation process.

<b>SPRING TERM</b>		
Seminar 205	PUER, PUELLA AND THE SENEX	To develop students' recognition and understanding of the function of these archetypal images and how they relate to the individuation process.
Seminar 206	TRANSCENDENT FUNCTION & THE NUMINOUS	To develop students' familiarity with the qualities of the numinous at the emergence of the archetypal and how this affects the conscious ego;  How the transcendent function constellates through a unifying symbol and as a means of uniting conscious and Unconscious.  Introducing active imagination and fantasy in the therapeutic process.
Seminar 207	JUNG'S CONCEPT OF GOD	To explore how Jung uses the concepts of the God and the God-image. To understand how God is experienced in the psyche. The place of religious experience in the Individuation process. This seminar will focus on Jung's text, "Answer to Job".
Seminar 208	JUNG'S CONCEPT OF THE SELF	To explore Jung's concept of the Self and how it is experienced in the psyche. To distinguish Jung's use of Self from 'self' in other psychological theories.  What does Jung mean by the Self? How the Self is related to the other archetypes and danger of identification with the Self.

<b>SUMMER TERM</b>		
Seminar 209	PSYCHOLOGY OF ALCHEMY I	To develop students' understanding of why Alchemy and its imagery became so important for Jung in his understanding of unconscious processes.  To introduce the psychology of alchemy.
Seminar 210	PSYCHOLOGY OF ALCHEMY II	To expand on the previous seminar: to be familiar with the major themes in the alchemical process. nigredo, albedo, rubedo, the conjunction, the lapis, Mercurius, the vessel or retort, the distillation, the arcane substance, the projections into the retort, transformation, sol and luna, Adam and Eve, king and queen, the mineral substances, the work of the spirit, the equipment and nature of the adept, the work, the tree of life.
Seminar 211	PSYCHOLOGY OF RELIGION & THE RELIGIOUS FUNCTION OF THE PSYCHE	To explore the relationship of religion and psychology; to look particularly at Jung's concept of religion and religious experience and his understanding of the religious function of the psyche. The potential of religious myth and ritual as symbols of the individuation process as well as religion as a defence against this process; religion and neurosis and psychotic experience.
Seminar 212	REDUCTIVE AND CONSTRUCTIVE APPROACHES	To discuss these different approaches to analysis; how far the reductive approach compares compare to the Freudian approach and how this differs from the constructive/synthetic approach as adopted by Jung and how this developed within analytical psychology by looking at the writings of some central early figures.
Seminar 213	REVIEW OF THE YEAR	For students to reflect on their experience of the training over the past year, on what has gone well, what has been difficult.

<b>YEAR THREE</b>		
<b>AUTUMN TERM</b>		
Seminar 301	THE PSYCHOLOGY OF FAIRY TALES I	To develop students' understanding of the importance of fairy tales for giving insight into the psyche and their use in amplifying symbolic dream imagery.
Seminar 302	THE PSYCHOLOGY OF FAIRY TALES II	To develop students' understanding of the importance of fairy tales for giving insight into the psyche and their use in amplifying symbolic dream imagery.
Seminar 303	THE PSYCHOLOGY OF MYTHS I	To develop students' understanding of the importance of myths from different cultural backgrounds for giving insight into the psyche and their use in amplifying symbolic dream imagery.
Seminar 304	THE PSYCHOLOGY OF MYTHS II	To develop students' understanding of the importance of myths from different cultural backgrounds for giving insight into the psyche and their use in amplifying symbolic dream imagery.

<b>SPRING TERM</b>		
Seminar 305	SYNCHRONICITY & PSYCHIC ENERGY	To develop students' understanding of Jung's concept of synchronicity and why it is important for the analytical process and to discuss the possible relationship with parapsychology.
Seminar 306	PROJECTION & CONTAINMENT IN THERAPY	To develop students' understanding of the mechanism of projection and its importance for analytical psychology and analysis.  To distinguish between projections of personal unconscious; projection of collective unconscious as experienced in dreams.
Seminar 307	PSYCHOLOGY OF THE TRANSFERENCE	To develop students' understanding of the transference and countertransference and how Freud and Jung differed; how this has been developed within analytical psychology.  To understand the meaning of analysing the transference and its resolution.  Discuss handling the erotic transference in the therapeutic setting.

<b>SUMMER TERM</b>		
Seminar 308	PSYCHOLOGY OF THE INDIVIDUATION PROCESS	To develop students' understanding of Jung's concept of Individuation and how it holds the whole purpose and goal of the analytical endeavour.
Seminar 309	THE <i>MYSTERIUM CONJUNCTIONIS</i> I	To develop students' understanding of the psychological significance of the opposites in the analytical process with particular reference to Collected Works vol 14.
Seminar 310	THE <i>MYSTERIUM CONJUNCTIONIS</i> II	To develop students' understanding of the psychological significance of the opposites in the analytical process with particular reference to Collected Works vol 14.
Seminar 311	REVIEW OF THE WHOLE COURSE	<p>For students to reflect over the final year and their experience of the three year programme.</p> <p>For students to be able to reflect on their experience of the seminar programme, what has gone well, what has been difficult and what expectations have and have not been met. To present certificates to those who have met all the requirements of the certificate programme.</p>