



**G.A.P.**

**THE VERA VON DER HEYDT PUBLIC LECTURE SERIES**

Presents a lecture by

**Ursula Wirtz, PhD**

***Descent into the Underworld: The Transformative Power of Retrieving Soul***

followed by a workshop featuring a panel conversation with

**Ursula Wirtz PhD, ffiona von Westhoven Perigrinor, Jim Fitzgerald, Dariane Pictet**

***The Re-Emergence of Soul***

Saturday 18<sup>th</sup> June, 10am to 5pm, at

**The Lumen Centre, 88 Tavistock Place, London WC1H 9RS**

**Lecture: "*Descent into the Underworld: The Transformative Power of Retrieving Soul*"**

In the ninth Vera von der Heydt lecture, we are delighted to invite Ursula Wirtz, PhD to talk about her approach to working with trauma, as detailed in her most recent book *Trauma and Beyond* (Routledge, 2021).

Ursula invites us to follow her as she elucidates an approach to integrating lost and dismembered fragments of the psyche, working with destruction in the service of creation.

Ursula shares many insights into the clinical, archetypal and spiritual dimensions of trauma as she reflects on the soul's yearning for transformation and the quest for meaning. Her approach to trauma therapy is rooted in her forty years of clinical experience with traumatised people where she has witnessed light in darkness and hope in despair.

Ursula invites us to look at the relationship between 'possibility' (the only word written on the last page of the *Red Book*) and reality in the processes of emergence and change. Illuminating the archetypal pattern of dying and becoming, she shows how the personal, mythological and spiritual aspects of the psyche provide the potential for transforming and transcending the suffering embedded in trauma.

There will be a Q&A session following the lecture.

## **Afternoon Workshop: *The Re-Emergence of Soul***

### **Panel conversation with**

**Ursula Wirtz, Jim Fitzgerald, Dariane Pictet and fiona von Westhoven Perigrinor**

A panel will join Ursula in a conversation addressing the question of the Re-emergence of Soul. Chaired by Cathy Bor, each panelist will be invited to share their own experiences in the consulting room and in lived life, and demonstrate that when we bring a particular presence to clinical work and our lives, we may witness the capacity to move beyond adaptations and connect to the greater personality, to dimensions of soul.

Q&A will follow.

### **Discussion around Clinical Material**

To end the day, clinical examples from trainees will be shared with the panel. This material may come from a client's dream, a synchronicity, a moment that shows and/or enacts the process of soul retrieval, or a very particular experience that a trainee has had whilst working with a client. This is the opportunity for all to listen to differing voices, to witness and explore how working with trauma is an experience of the soul.

The intention of the workshop is to weave a myriad of experiences with wisdom, in the spirit of play and spontaneity, to honour this endeavour of psychotherapy and depth psychology.

### Morning

10am: Lecture

11am: Q&A session

12pm: Lunch break (no on-site catering available)

### Afternoon

1pm: Afternoon Workshop beginning with panel conversation

2pm: Q&A session with the panel

2.30pm: Break (with tea and cake)

3.15pm: Open discussion around clinical material provided by trainees

5pm: Close

### **Tickets**

Tickets are priced at £80/£50 and are available from Ticket Tailor:

<https://buytickets.at/guildofanalyticalpsychologists/666806>

### **This event is CPD Accredited**

For further details please contact G.A.P. [admin@analyticalpsychology.org](mailto:admin@analyticalpsychology.org) or 0118 922 299

## Biographies

**Ursula Wirtz** completed a PhD in literature and philosophy at the University of Munich. She graduated from the C.G. Jung Institute in Zurich and works as a clinical and anthropological psychologist and Jungian psychoanalyst in private practice. She is the author of numerous publications on sexual violence, ethics and the interface of psychotherapy and spirituality. She is a training analyst, supervisor and faculty member of ISAP Zurich.

**ffiona von Westhoven Perigrinor** trained at the CG Jung Institute in Zürich, has a private practice in West Oxfordshire and is a senior member of GAP (Guild of Analytical Psychologists) and IGAP (Independent Group of Analytical Psychologists). She lectures widely, has been working as an analyst in China since 2007 and is particularly interested in bringing insights from Eastern culture together with Jung's understanding of the psyche. She is also a medievalist and an independent scholar. <https://www.perigrinor.co.uk/>

**Jim Fitzgerald** was born and raised in a small village in the south of Ireland. His academic background is in Ancient Classics and Byzantine Greek. After a career as a Primary school teacher in London, he trained as an analyst at the C. G. Jung Institute in Zurich. He is a past chairman of The C. G. Jung Analytical Psychology Club, London and a founding member and past chairman of The Guild of Analytical Psychologists. He is also a Senior Member of The Independent Group of Analytical Psychologists. He has a private practice in London and has lectured widely. Many of his talks have been published as pamphlets by the Guild of Pastoral Psychology.

**Darlane Pictet** lives in Geneva, Switzerland. She has a degree in Comparative Religion from Columbia University and a Diploma in Analytical Psychology from the CG Jung Institute, Zurich. She trained in Existential Psychotherapy at Regents University, London, where she was Visiting Faculty. She is a training/supervising analyst at ISAP, Zurich, and GAP, London. She enjoys poetry and Yoga, and lectures in the UK and abroad. Recent publications include: *Movements of Soul in the Red Book*, in *The Red Book For Our Time*, (Chiron. Vol.1) and *Mirroring Self Love* in *Quadrant*: NY. Vol.50.